Important Dates:

Wednesday 31st August—Year 7 Sport

September 1st—Beacon Charter Signing

September 2nd—Year 7 Sport

September 3rd—Year 11 Psychology Zoo

September 9th—Keys Please

September 14th—Spring Concert

Wednesday 16th September—End Term 3

Monday 3rd October—Term 4 Begins

Tuesday 1st November—Melbourne Cup

BELL TIMES 2015

Warning Bell 8.45am
Period 1 8.50 am - 9.47 am
Period 2 9.51 am - 10.48 am
Recess
Period 3 11.12 am - 12.09 am
Period 4 12.13 am - 1.10 pm
Lunch
Period 5 13.58 pm - 2.55 pm
Meet the cast and crew from
Man of Steel
Principals Report

College Production ‘MAN OF STEEL’

This year’s College Musical Production ‘Man of Steel’ was an outstanding success! All the students and staff involved presented a humorous, talented and well-polished school production of this Musical Spoof based on the Superman comic strip. The standard of this production was excellent and it was clear by the numbers who attended, the laughs and the applause, that the audience thoroughly enjoyed themselves. I was very proud of the students and impressed by their talent and skills. This extended beyond the students performing either on stage or in the band, to include the back stage crew, sound, special effects and lighting technicians. A big thankyou also to all the staff that helped out and especially the key staff of Donna Nairn, Adrian Allen, Maddie Collins and Stuart Miller.

Course Counselling
Course counselling has commenced for this year and I encourage students and their families to think carefully about this important selection process. Remember help and advice is always available by contacting your students Learning Level Leader.

Trade Skills Centre
Our Trade Skills Centre is almost finished now and we are finalising the installation of equipment. The centre will officially be opened early next term.

Keep Informed:
Website - www.westernportsc.vic.edu.au
TiqBiz – register via the website
Facebook – friend us via www.facebook.com

The College does have a Facebook site – please join this for College updates via social media.

Feedback:
I always welcome feedback from our parents and the wider community. Please feel free to contact me via phone or arrange an appointment via the office.

Michael Devine
College Principal

IMPORTANT INFORMATION FOR PARENTS/ GUARDIANS

Parents/ guardians of students who do not have student accident insurance are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance and any other transport costs.

Student Accident Insurance can be purchased from commercial insurers.
Year 8 Young Entrepreneurs planted out 250 indigenous plants in our Bush Block last Thursday. They worked with local horticulturist and Nurseryman, Phillip Burchall who educated them about the importance of planting indigenous species to provide habitat for native birds and animals and increase biodiversity. Two of the Year 8’s will be taking up an offer of work experience with Phillip at a later date.

The students are making progress with their plans for a school market and the development of a Sculpture Park and prize in Term 4. Groups of students from across the school will be selling products at the market that they have made, grown or baked and creating sculptures for the sculpture prize.

We are lucky to have the space to develop these projects and improve our grounds with student led projects such as these.

Hands On Learning students hope to finish the wall along the carpark by the end of the term and have started renovating the old caretaker’s cottage when the weather keeps them inside. SBAT Parks and Garden students have made good progress with the gardens around the house.

SBAT Parks and Gardens and VET Construction students will be using their newly acquired skills to work together to design and build a shelter/Outdoor Classroom space in the Bush Block in Term 4. The YES students are developing a nature play program for Early Childhood students and hope to trial this in the future.

All Year 8 students have been participating in five sessions of mindfulness with Peninsula Mindfulness on Mondays. Being present in the moment and practicing mindfulness has significant proven health benefits and is now part of the compulsory curriculum for medical students at Monash University and for other degree courses at university. Ten staff have just completed 8 hours of mindfulness training and will be introducing this in various ways across the school. Mindfulness practice can improve sleep, reduce stress, improve coping capabilities, reduce blood pressure and has a whole range of other benefits. If you are interested in the research on this from a medical point of view read Mindfulness for Life by Dr Craig Hassed from Monash University.

Hannah Lewis
Assistant Principal
What’s on in the Library

Bookmark making in the Library every lunchtime.

Pop in and create your own bookmark or make one for someone else! All students are welcome.

Flames from the North

Scott Norton author of the Otherworldly Operatives series popped by to talk about his popular books. The Year 8 and 9 students were enthralled asking many great questions.

Scotts books can be purchased from the Teachers Resource Bookshop in Hastings.
The 2016 Pierre De Coubertin Awards

The Pierre de Coubertin Awards, an initiative of the Victorian Olympic Council and the Department of Education and Training, turned 19 this year and WPSC was one of the 15 schools who have participated each year since its inception in 1997. There are now over 200 school representatives receiving this award—an indication of the significance and esteem in which this award is held.

Named after the founder of the Modern Olympic Games, Baron Pierre de Coubertin, the awards aim to recognize students who demonstrate attributes consistent with the fundamental aims of the Olympic movement. These attributes include participation in sporting endeavors with a particular emphasis on competing and commendable sporting behavior.

This year the award was presented to Zoe Mitchell a year 12 student. The award ceremony was held on Thursday June 24th at the Melbourne Cricket Ground and provided the opportunity to connect one on one with Olympians, such as Tamsin Hinchley Volleyball and Beach Volleyball and Carmen Marton Taekwondo. The day also included a tour of the Victorian Institute of Sport (VIS). Western Port also received a certificate recognizing our support.

Pierre’s inspiring message reminds us that: “The most important thing in the Olympic Games is not to win but to take part. Just as the most important thing in life is not the triumph but the struggle.”

Zoe’s nomination citation is presented below:

As a Sport Captain, Zoe has proven herself as an invaluable leader in all aspects of her Western Port Secondary College sporting life. Zoe has immersed herself in our sporting culture and coached many junior teams. She always displays diligence, professionalism and a steadfast belief in fair play. For Zoe, physical education is a way of life and medium through which she can help others develop. Zoe has been selected for the Victorian State AFL team.

Zoe pictured: bottom left

Southern Metropolitan Region 2016 Cross Country

The Southern Metropolitan Region cross country was held at Ballam Park, Frankston on Thursday June 23rd. Eight students participated against a strong field of about one hundred students in each age group. We had some excellent results with all competitors improving on previous times beating their PB’s. Congratulations to all the students on their determination and application on an extremely difficult course. They should be very proud of their performances.

Individual performances were:
Jordan Thwaites 28th 15 years
Zoe Mitchell 19th 17-20 years
Bridgette Kupsch 43rd 17-20 years
Tom Finn 26th 14 years
Ben Schneider 32nd 14 years
Peter Megee 24th 17-20 years
Lily Snooks 36th 15 years
Sean Hewitt 55th 17-20 years

Mrs. Hall
Portsea Camp

On the 19th of June, Skye De Jarlais, Riley Ellis, Kieara Young, Corey Vannistelrooy and Charles Pallesco from Year 10 were chosen to attend Portsea camp along with other schools.

During the camp they had a great experience making new friends and learning new leadership skills. They were given the opportunity to participate in fun activities including the giant swing, ropes courses and small team building exercises.

The Shed 11 youth leaders taught them ways to be a better leader and different ways to lead.

The students would like to thank the Bendigo Bank for funding this camp, the Mornington Peninsula Youth Services for running this camp and Western Port Secondary College Wellbeing Team for partnering with these two organisations to give them the opportunity of an amazing experience.

Jewish Holocaust Museum

The Year 10’s visited the Jewish Holocaust Museum earlier this month, they met with survivors and listened to their stories of struggle, survival and hope. Our Year 10’s behaved respectfully and with great sensitivity. They represented the College with dignity, we are very proud.
Saver Plus gives local families incentive to save - Jenny’s story

With a ten-year-old daughter and high school a few years away, Jenny saw a need for a new computer and an improved savings habit. At first, the prospect of saving regularly was daunting after hearing about the Saver Plus program well before she actually joined in 2010.

“At first I was scared of committing to putting money away because I couldn’t see the light at the end of the tunnel. A few years later I said ‘I need to do this’,” she said.

When Jenny joined Saver Plus she didn’t think too far ahead, but has now developed a savings habit that has continued well after she completed the program.

“I feel more secure and I have more confidence in myself too. I got a lot of satisfaction from saving for a new computer. I’d never really saved for anything before.”

To find out more about Saver Plus call or sms 1300 610 355 or email saverplus@bsl.org.au.

The Back to School savings tips:

- Ask your school for an expenses list to see if you can pay for any costs via instalments, such as school camps and excursions.

- Buy second-hand textbooks and uniforms.

- Develop a budget and do your research to find the best “back to school” bargains.


Saver Plus for our school families here at Western port secondary school

The Better Health Channel

Do you have a question about health and wellbeing but struggle to find a good source of information?

There are many websites, blogs and publications that offer information about health and wellbeing. Unfortunately some of these are not based on evidence and the information they provide could be incomplete, inaccurate or completely incorrect!

To help everyday people access the best quality information about health and wellbeing, the Victorian Government has developed and maintains the Better Health Channel.

The Better Health Channel provides information on a huge range of topics that is:

- quality assured
- reliable
- up to date
- easy to understand
- regularly reviewed
- locally relevant

The website does not have any commercial advertising and does not accept any corporate sponsorship so readers can be confident that it is not influenced by private third parties.

Information on the Better Health Channel is provided to help people stay healthy or understand and manage their health and medical conditions. It does not replace care provided by medical practitioners and other qualified health professionals.

FOR SALE
NEW COLLEGE BLAZER
$60
Only selling due to purchasing the wrong size
Please call Ian on 0470 266 126

IMPORTANT Camps Sports and Excursion Fund Information
Any parent/guardian who holds a HCC/Pension Card and has not applied for CSEF please contact general office for an application form

TUMBLE DRYERS are handy, but can pose risks if not maintained safely.
Do not use the dryer without a lint filter.
Make sure you clean the lint filter before or after each load of laundry. Remove lint that has collected around the drum.
Let your dryer complete its full cycle, before removing your load, including the full cool-down.
Follow the manufacturer’s operating instructions and don’t overload your dryer.
Turn the dryer off if you leave home or when you go to bed.
Clothes that have come in contact with flammable substances, like gasoline, paint thinner, or similar, solvents should be laid outside to dry, then can be washed and dried as usual.
For further information go to: www.cfa.vic.gov.au

Dance classes in Bittern offering Jazz, Tap, Ballet, Contemporary and Hip Hop/Funk from primary school age to adults. Great exercise in a friendly family environment. Experienced qualified teacher.
Call Courtney for more information.
PHONE: 0425 826 126 OR
Visit: simplydance.info OR Find us on facebook
**Trinity Healing**

Term 3 Kid’s Mindfulness and Meditation – 6 Week Program  
Term 3 Teen’s Self Esteem, Mindfulness and Meditation – 8 Week Program  
Programs designed to foster a greater sense of self awareness and promote positive self-esteem.

“A well thought through and engaging program that teaches kids vital skills they can use daily”  
Teagan – mum of Caleb (5)

Now taking enrolments. All programs are run in Hastings. For further information please go to [www.trinityhealing.com.au](http://www.trinityhealing.com.au) or call Deanne Ogden on 0437331308.

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**CENTREPAY**

WPSC would like to announce that we now offer Centrepay as another means of payment. This is a system to assist families with automatic deductions from their Centrelink payments that can go towards College charges. There are no fees associated with this arrangement and the General Office is happy to assist with registration.

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**Tina’s Glass & Glazing**

For all your glazing needs including:  
Replacement windows, Safety Glass, Domestic Glazing and Mirrors

Call:  
**Tina Connor**  
0423 946 150  
tinaglassglazing@hotmail.com.au

Police Check and Working with Children Check  
TRADE qualified
**FOR SALE**

Boys shorts with Emblem size 16 $20

Boys Elastic Shorts x 2 with Emblem Size 16

Boys elastic Long Pants size 16 with Emblem $20

Boys Sport Top Size 16 $15

Please call **Kerrie** on 0439 957 652

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**DEB DRESS FOR SALE!**

Stunning Nicolina design

Size 8/10

Must see to appreciate its value. Feel free to try on.

Beaded bodice with scallop chiffon overlay.
We paid $695 we will sell for $290!

Please call 0407 556 204

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